Bridge the Gap:
Retaining CPR Skills in Perioperative Units

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We have no conflict of interest to disclose

Introduction

Life is Why

In-Hospital Cardiac Arrest Survival Rate	
2015	25.5 %
2014	22.7 %
2013	23.9 %
2012	23.1 %
Baseline	19 %

Why?

Skill/Knowledge Decay

Low Frequency

Negative Patient Outcome

High Risk Event

2-Year Recertification Cycle
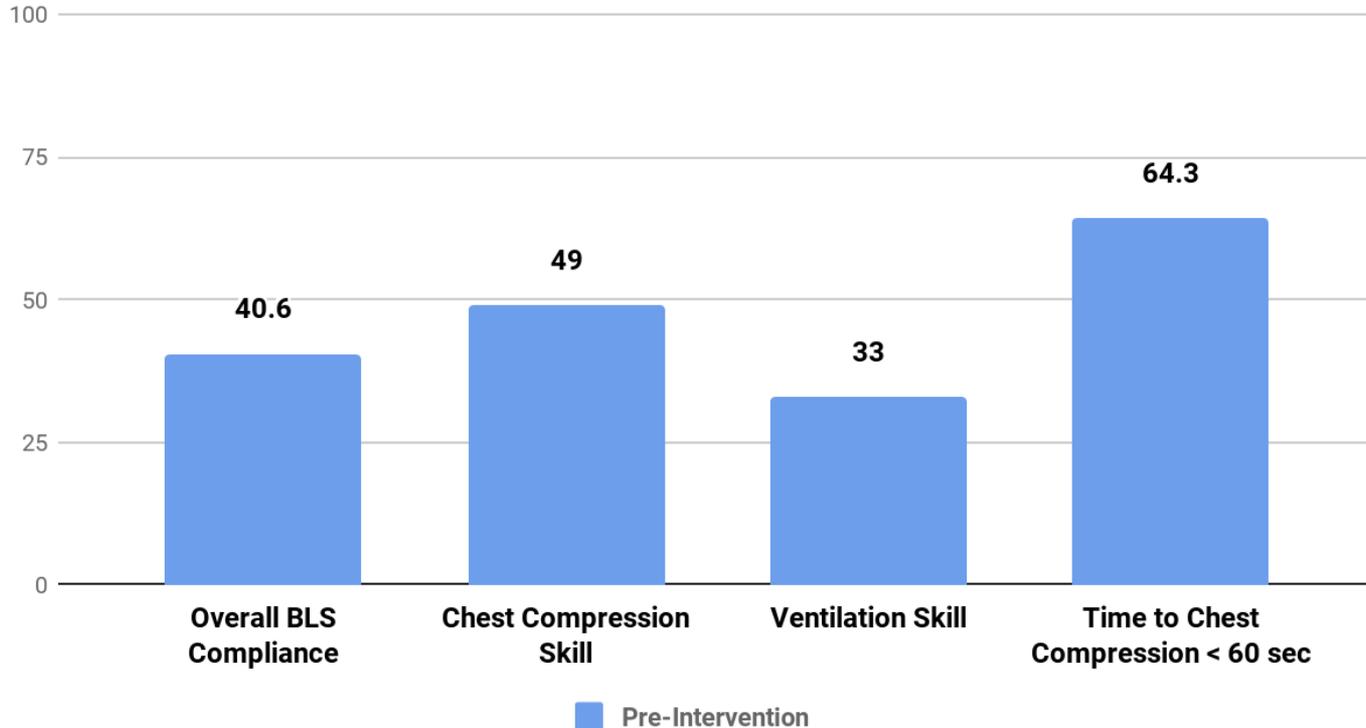
Problem list

Purpose
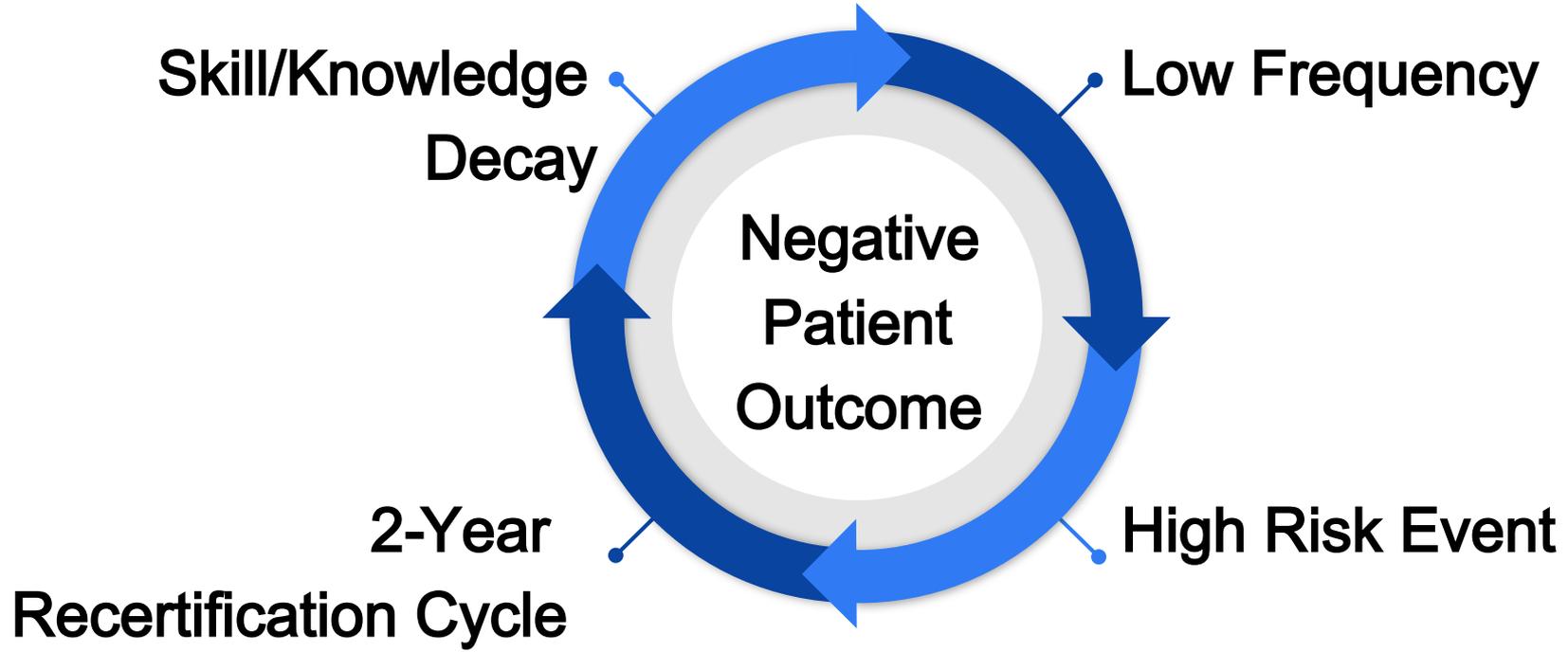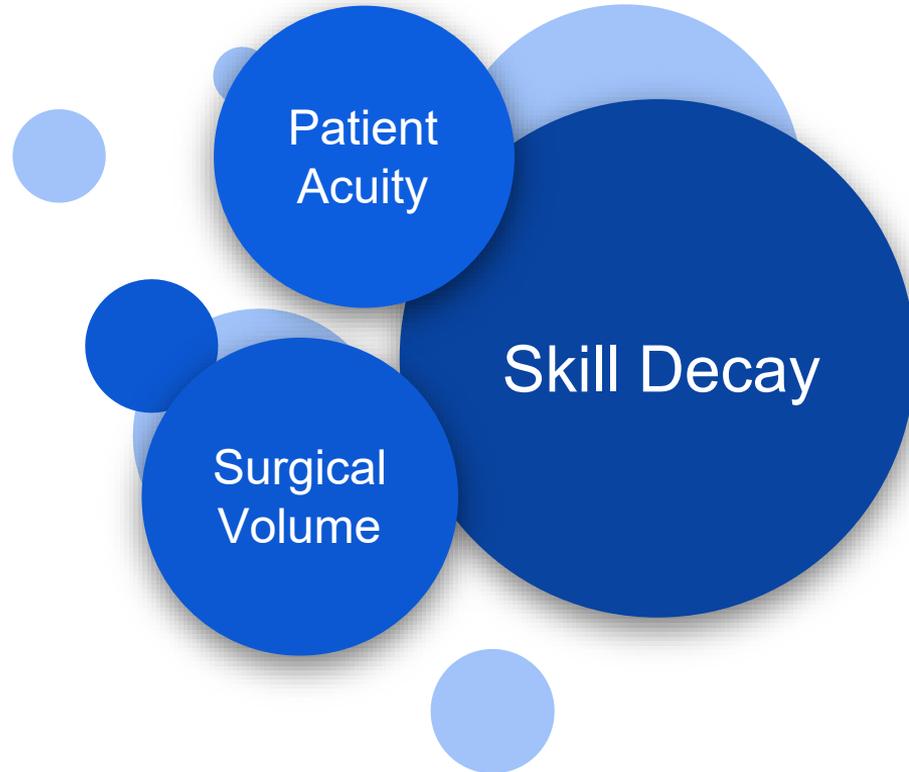
The goal of this process improvement project was to create a program that increases healthcare providers' competency in Basic Life Support (BLS) skills in compliance with American Heart Association (AHA) guidelines in perioperative units
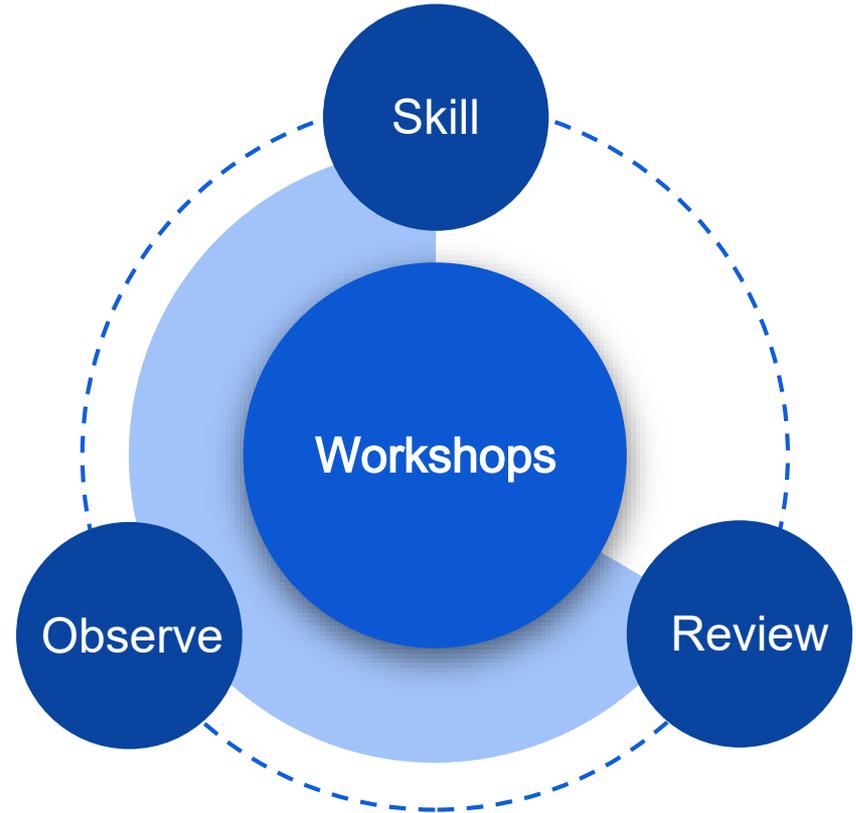
Evaluation

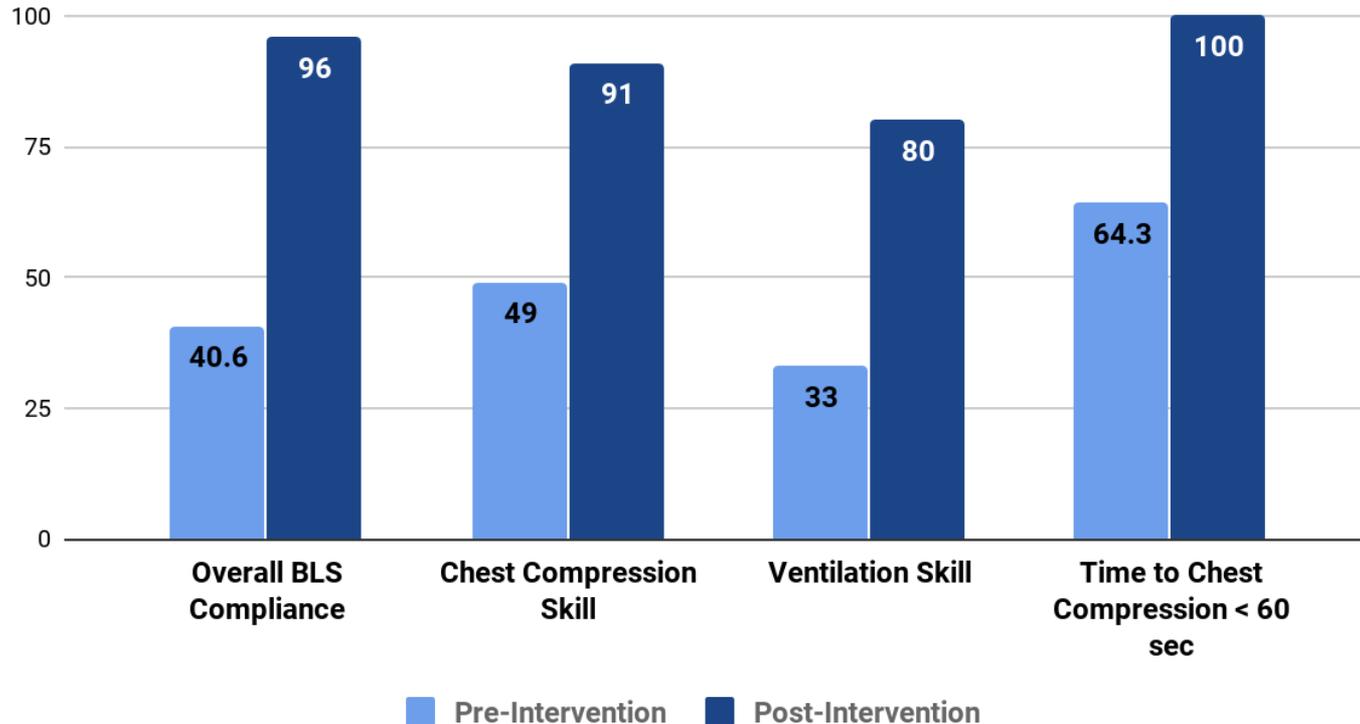**Mock Code Blue Evaluation Form**

	Skill Met (1 point)	Skill Not Met (0 point)	Comments
Assessment and Activation			
Check for responsiveness			
Shout for help/ activate Code Blue (<30 sec)			
Check carotid pulse and scan for breathing (5-10 sec)			
CPR: Compression			
Place the patient in supine			
Initiate compression immediately after recognition of arrest			
Correct hand placement (lower half of sternum)			
30 compression at rate of 100-120 compression/min			
Compression depth 2 – 2.4 inches			
Complete chest recoil after each compression			
Use backboard			
CPR: Ventilation			
First assisted ventilation < 1 min			
Open airway (head tilt-chin lift)			
Correct mask position			
Each breath given over 1 sec			
Visible chest rise with each breath			
Avoid hyperinflation of the lungs			
Resume compression < 10 sec			
AED/ Defibrillation			
Crash cart to bedside < 2 min			
Immediately attach pads as soon as crash cart arrives			
Correctly place pads			
Turns on Zoll to "Defib"			
Push "Analyze"			
Clears to safely delivers a shock (looks at the field)			
Delivers first shock < 2 min			
Resume compression immediately after shock delivery			
Recognize 2 min mark to recheck/ follow AED prompts			

Mock Code Blue Evaluation Form

Teamwork			
Clear roles and responsibilities			
knowledge sharing & summarizing information			
Use of closed-loop communication, clear messages, & mutual respect			
Use SBAR once the code team arrives			
Documentation			
Document pre-code events			
Document initial rhythm or rhythm change throughout the code			
Document compression start time			
Document rhythm before and after defibrillation			
Document code start/ end time			
(Optional) Document confirmation of existing airway			
(Optional) Epi given < 5 min for asystole or PEA if ACLS provider present			
Total:		Score: _____ / 35=_____%	
Additional Comments:			
Was debrief done? Y/ N			
Just in Time Education? Y/N			
Evaluated by:			

Room for Improvement

Results are in!

BLS Skill Competencies

Chart showing Pre-Intervention and Post-Intervention values:

Competency	Pre-Intervention	Post-Intervention
Overall BLS Compliance	40.6	96
Chest Compression Skill	49	91
Ventilation Skill	33	80
Time to Chest Compression < 60 sec	64.3	100

Legend: Pre-Intervention / Post-Intervention

Thank you!

Stay in Touch!

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