A Comparison of Traditional and Non-Traditional Pre-Entry Pathways on Academic Outcomes for Practical Nursing Students

Presenter:

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### Disclosure

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#### Introduction

- Students are entering nursing programs through a variety of methods
- Non-traditional pre-entry pathways are emerging to increase access to education and facilitate greater student mobility
- There are no studies on pre-entry routes into Practical Nursing (PN) programs and an overall lack of studies on PN education
- Academic outcomes are affected by: academic factors, student characteristics, and student experiences

#### Pre-Entry Pathways into a PN Program - Background



### Study Overview

- Objective: To evaluate and compare academic outcomes of traditional and non-traditional pre-entry pathways for students enrolled in a PN program
- Simplified study conceptual model:



#### Methods

- Design: Observational retrospective cross-sectional study
- Setting: Single site of a large urban community college in Ontario
- Sample: 338 full-time students entering the PN program during the 2013-2014 academic year
- Data: Extracted from Registrar's Office academic records in 2017
- Data analysis using SPSS software
- IRB approval received

# Findings - Demographics & Qualifications

VARIABLE	RESULTS
Age	M = 28.8 years; Range = 17-55 y Lowest: $M = 25.6$ y (Pre-Health) Traditional: $M = 27.42$ y Highest: $M = 31.1$ y (PSW)
Gender	Female: <i>M</i> = 84.9%; Male: <i>M</i> = 15.1% Similar for all pathways except ALC (Female 89%; Male 11%)
OSSD Completion (high school)	M = 58.6% Lowest: M = 76.15% (PSW) Traditional: M = 65.3% Highest: M = 84% (Pre-Health)
Pre-Admission Score (based on Registrar's Office formula )	<i>Mdn</i> = 90.08 <i>Lowest: M</i> = 76.15 (PSW) <i>Highest: M</i> = 97.1 (Traditional)

## Study Findings - Academic Outcomes

VARIABLE	RESULTS
Program Completion (Graduated)	M = 55.9% Lowest: 42.9% (Traditional) Highest: 59.1-60% (All non-traditional pathways)
GPA (4.0 scale)	M = 3.09 Similar for all pathways
Number of Semesters Enrolled	M = 3.65; Range = 1-7 ; 20.4% completed just 1 semester Lowest: M = 3.2; 34.7% completed just 1 semester (Traditional) Highest: M = 4.09; 9.8% completed just 1 semester (ALC)
Number of Course Failures	M = 1.58, 42.9% had no failures Lowest: M = 1.34 & 50% had no failures (Pre-Health) Highest: M = 2.5 (Traditional)

### Study Findings - Hypothesis Tests

- Pathways Comparison:
  - No significant differences or associations found for program completion (p = .337), GPA (p = .063), number of course failures (p = .586), and subject area failures (p > .05 for all)
- Program Completion:
  - Differences were found between those who completed the program and those who did not for number of semesters enrolled, number of failures and subject area failures (p <.05 for all)</li>
  - No significant association for OSSD (high school) completion (p = .324) and gender (p = .622)

### Limitations

- Retrospective data
- Reliance on an existing database
- Single site limits generalizability
- Factors may influence results beyond those available for study (i.e. family status, employment)

### Recommendations

- Further study of pre-entry pathways, PN education and PN student characteristics is needed
- Investigate student perceptions on how well pre-entry pathways prepared them for the PN program
- Specific to host site:
  - Revisit admission criteria and preadmission scoring formula
  - Tailor student supports to population needs
  - Improve collaboration between pre-entry sites and PN program
  - Consider developing a specific pre-nursing pathway

#### Conclusion

- Academic outcomes did not differ between traditional, and nontraditional pre-entry pathways
- Pre-Entry pathways are a novel method of program entry that promote greater access to education for more diverse learners
- Strong partnerships and carefully designed curricula are key in preparing students for success in subsequent programs