Title:

Application of a Framework for Increasing Nu Beta Chapter Membership, Engagement, and Retention

Diana Lyn Baptiste, DNP, MSN, RN¹

Nancy S. Goldstein, DNP, MS, RNC-OB, ANP-BC1

Teresa A. Pfaff, MPH, MSN, BSN, BA2

Michelle Patch, MSN³

Sabianca Delva, BSN³

(1)Department of Acute and Chronic Care, Johns Hopkins University School of Nursing, Baltimore, MD, USA

(2) Department of Community and Public Health, Johns Hopkins University School of Nursing, Baltimore, MD. USA

(3) School of Nursing, Johns Hopkins University, Baltimore, MD, USA

Session Title:

Leadership Posters Session 2

Slot (superslotted):

LDP PST 2: Monday, 30 October 2017: 9:30 AM-10:15 AM

Slot (superslotted):

LDP PST 2: Monday, 30 October 2017: 1:15 PM-2:30 PM

Slot (superslotted):

LDP PST 2: Monday, 30 October 2017: 2:45 PM-3:30 PM

Slot (superslotted):

LDP PST 2: Monday, 30 October 2017: 3:45 PM-4:30 PM

Slot (superslotted):

LDP PST 2: Tuesday, 31 October 2017: 8:00 AM-8:45 AM

Slot (superslotted):

LDP PST 2: Tuesday, 31 October 2017: 9:00 AM-9:45 AM

Keywords:

Change Theory, Leadership and Strategic Plan

References:

Holmes, B., Best, A., Davies, H., Hunter, D. J., Kelly, M., Marshall, M., & Rycroft-Malone, J. (2016). Mobilising knowledge in complex health systems: a call to action. *Evidence and policy.*, 1-21.

Mitchell, G. (2013). Selecting the best theory to implement planned change: Improving the workplace requires staff to be involved and innovations to be maintained. Gary Mitchell discusses the theories that can help achieve this. *Nursing Management*, 20(1), 32-37.

Monnot, M. J. (2016). Organizational change agent influence: A conditional process model of key individual psychological resources. *Journal of Change Management*, , 1-28. doi:10.1080/14697017.2016.1237534

Stroubouki, T. G. (2013). Translation of Evidence into Nursing and Health Care Practice. *Nurse Education in Practice*, *1*(13), e10.

Sigma Theta Tau International Honor Society of Nursing. Retrieved on January 8, 2017 from: http://www.nursingsociety.org/connect-engage/about-stti/sigma-theta-tau-international-organizational-fact-sheet

White, K. M., & Dudley-Brown, S. (2011). *Translation of evidence into nursing and health care practice*. Springer Publishing Company.

Abstract Summary:

Nu Beta is a chartered chapter of Sigma Theta Tau International, Honor Society of Nursing. In recent years, retention of members in Nu Beta chapter have been difficult to sustain. For this presentation, we will discuss strategies for increasing chapter membership, engaging members, and sustaining membership.

Learning Activity:

LEARNING OBJECTIVES	EXPANDED CONTENT OUTLINE
1. By the end of this session, the learner will be able to recognize three strategies for leading change for a local Sigma Theta Tau Chapter.	1. The strategies used by the chapter board were: 1) Application of a change theory to guide steps, 2) Increase communication between chapter officers and members, and 3) consulted with chapter managers at Sigma Theta Tau International headquarters; regarding the implementation of the change process.
2. By the end of this session, the learner will be able to identify a minimum of two strategies for increasing chapter membership, engaging members, and sustaining membership.	2. Strategies utilized for increasing membership, improving membership engagement, and membership retention included: 1) increasing social media presence and communication, 2) scheduled activities that promote networking, scholarship, and continuing education, and 3) leading community service events.
3. By the end of this session, the learner will be able to apply a change theory to guide steps for improving chapter operations.	3. Havelock's Theory of Planned Change was utilized to create a process for change, organize the work, and implement innovative methods for chapter operations. We implemented all changes using the seven steps described in Havelock's change theory.

Abstract Text:

Nu Beta is a chartered chapter of Sigma Theta Tau International Honor Society of Nursing, and was established at Johns Hopkins School of Nursing in 1992. The purposes of Sigma Theta Tau are to recognize superior achievement and the development of leadership capabilities, foster high professional standards, encourage creative work, and strengthen commitment to the ideals and purposes of the profession of nursing. Since the inception of Nu Beta Chapter, membership has increased each year. However, in recent years, retention of chapter members has decreased. From 2013 to 2015, several chapter board members had made a departure from the Johns Hopkins School of Nursing and there was no formal election to replace members. As a result, there was a decrease in chapter board members leading to a reduction in chapter meetings, social events, induction ceremonies, and communications to chapter members. The purpose of this presentation is to discuss a change model that was used as a framework for increasing chapter membership, engaging members, and membership retention.

The chapter implemented three strategies for increasing recruitment of nurse leaders, engagement and retention of current members, and promotion of knowledge, research, and scholarship. The three strategies implemented were: 1) increased use of social media and the Circle site for communications, 2) scheduled activities that promote networking, scholarship, and continuing education, and 3) leading community service events. We increased the number of nurse leader applicants by contacting Chief Nurse Officers, Directors, and Unit managers of our affiliate hospital, asking them to nominate candidates for nurse leaders.

In leading a transition from one administration to the other, the Nu beta chapter board members reviewed the mission and vision of the Sigma Theta Tau International Honor Society of Nursing. The chapter board used this strategies to assure that all operations, activities, and future endeavors were in alignment with the mission of Sigma Theta Tau International. The board also consulted on a Bi-monthly basis with chapter managers at the Sigma Theta Tau headquarters. The Nu Beta Chapter focused their communications and activities for members on three values: 1) Research, 2) Scholarship, 3) and Service.

Newly elected board members and incumbent chapter leaders met on a bi-monthly basis during the summer of 2015 to discuss strategies for revitalizing the Nu Beta Chapter. We implemented a plan based on Havelock's Theory of Planned Change which provides guidance for change in seven steps. The framework for Havelock's theory is applied using the acronym CREATER, where each letter stands for the actions taken: C- stands for *Care*, which involves the attention to need for change; R-represents *Relate*, in which relationships built; E-represents *Examine*, and diagnose the problem; A-stands for *Acquire*, the relevant sources; T- stands for *Try*, to choose the solution; E- *Extend*, and disseminate, diffuse, and gain acceptance; and finally R- is for *Renew*, and stabilize and sustain capacity. Havelock and colleagues, created a visual of the model for change agents to use to guide the change process.

Local chapters have the obligation to carry out the mission and vision of the Sigma Theta Tau International Honor Society. The Nu Beta chapter continues to focus its efforts on meeting these goals. We are honored to say that we have improved recruitment, engagement, and retention for chapter membership.