

A Tale of Two Countries: Comparing Healthcare for Heart Failure Patients in the United States and France

Alison Walsh, MSN, RN, OCN, CNE, PhD Candidate
Judith E. Hupcey, Ed.D., CRNP, FAAN
The Pennsylvania State University



Systems Engineering in Health Care Coordination

A COE Global Engineering Leadership Program (GELP)

GELP focus area: faculty-led trips for students to participate in significant and relevant projects abroad



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Overview: Heart Failure

- Internationally, rates of heart failure are on the rise
- World Health Organization has begun to evaluate heart disease data more systematically
- Future global impact - “emerging pandemic”
- HF impacts 22 million people **worldwide**



American Participants



French Participants



Methods

- Collection of HF statistics
- Assessment of Chronic Illness Care Questionnaire
- In-situ observations
- Semi-structured interviews
- Focus groups with key stakeholders



Statistics



Incidence

Nearly 6 million Americans are living with HF, and this number is expected to increase

158 per 100,000 for men
(mean of 267)
92 in 100,000 in women
(mean 175)

Mortality

375,000 deaths per year

138,168 (25.9% of all deaths)

Costs

\$39 billion dollars in healthcare expenditures annually for HF,
\$260 billion for all cardiovascular disease



27.8 billion € (government cost)
17% of all healthcare costs

Hospitalizations

Over one million hospitalizations annually for heart failure

126 million hospitalizations for cardiac disease
268.5 million working days in hospital

Preliminary Findings

Common Relevant Topics		
<u>System Design</u>	<p>Primarily private system made of for-profit hospitals</p> <p>Patients rely on insurance, government subsidization, or self funding to pay for healthcare</p>	<p>Primarily a public service independent of patient payment</p> <p>Private hospitals rely on patient payment to remain financially solvent</p>
<u>Patient Capacity</u>	<p>Heart Failure ICU almost always at capacity</p> <p>Divided into units based on severity of condition</p>	<p>Move patients to inappropriate units if discharge is not possible</p> <p>Decreasing length of stay while increasing capacity of resources</p>
<u>Care Transitions</u>	<p>Care is managed between settings within the hospital network</p> <p>Out-of-network coordination can be complicated</p>	<p>Little care coordination across range of chronic diseases</p> <p>Currently focuses mostly on cancer patients</p>
<u>Patient Records</u>	<p>Online portals where patients can review their own records</p> <p>Standardized process for transfer of information</p>	<p>Electronic records are limited for public hospitals</p> <p>Challenges in transfer of information between settings</p>
<u>Preventive Care</u>	<p>Insurance plans encourage a yearly checkup</p>	<p>Preventive care not necessarily prioritized</p>

Results



- Staffing ratios:
Nursing
- Medicare penalties for readmissions
- Focus on tertiary care
- Use of specialty physicians (i.e. cardiologist)



- Staffing ratios:
Physicians
 - Lack of midlevel providers
- Overcrowding in hospitals
- Different role/education for nurses



Emergency Care



Implications

Common Theme: Lack of Care Coordination!!



GELP Team



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