

STTI Biannual Conference 2015 Symposium Part 3



**INCORPORATING MILLION  
HEARTS® SCREENINGS INTO  
NURSING CURRICULA &  
COMMUNITY OUTREACH**

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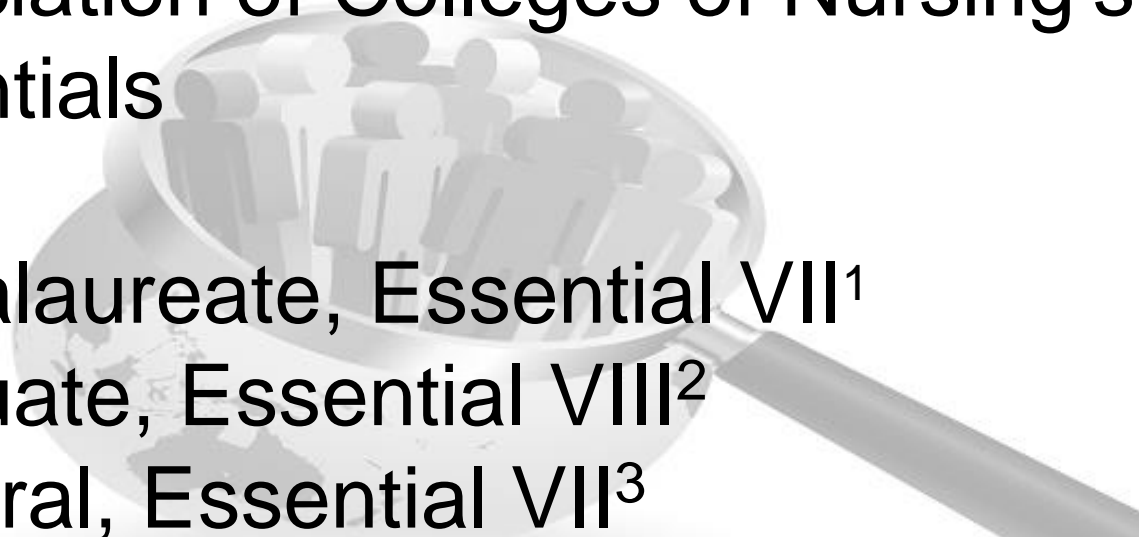




**INCORPORATING MILLION  
HEARTS® INTO NURSING  
CURRICULA**



# AACN's Essentials

- In alignment with the American Association of Colleges of Nursing's Essentials
  - Baccalaureate, Essential VII<sup>1</sup>
  - Graduate, Essential VIII<sup>2</sup>
  - Doctoral, Essential VII<sup>3</sup>
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1 American Association of Colleges of Nursing (2008). *The essentials of baccalaureate education for professional nursing practice*. Washington, DC: Author.

2. American Association of Colleges of Nursing (2011). *The essentials of masters education in nursing*. Washington, DC: Author.

3. American Association of Colleges of Nursing. (2006). *The essentials of doctoral education for advanced nursing practice*. Washington, DC: Author.



# National Initiatives and Goals

- Million Hearts® biometric screenings contribute to three different sets of national initiatives and goals:
  - Healthy People 2020
  - The Triple Aim®
  - Million Hearts®



# Incorporating into Curricula



# Incorporating into Curricula

- Assessment, Community/Public Health, Leadership, and nursing clinical courses provide numerous clinical opportunities
  - Flu clinics
  - Alumni Activities
  - Community Activities
  - Free Clinics
  - Community Partnerships
  - Grant Partnerships
  - Sporting Events
  - Medical Centers
  - Student Groups



# Advantages for Incorporating into Curricula

- Student clinical experiences in population health and contributing to national initiatives
- Online, self-study module for students
- Resume builder – certified as a Million Hearts Fellow
- Builds partnerships between colleges/schools of nursing and community organizations
- Benefits local community members





**MILLION HEARTS® COMMUNITY  
OUTREACH & ENGAGEMENT**





# Incorporating into Local Community Churches



- 65 participants from local area congregations attended a training session on Million Hearts<sup>®</sup>
- Asked to participate by their local pastor and become the point person or the *Community Ambassador* for their congregation
- Most had a health care background





# Local Screening Events

- Examples of participation in community events
  - Ohio State Fair
  - Farm Science Review
  - Ask-A-Buckeye Nurse
  - Valentine's Day



# OSU Screening Events

- Examples of participation within OSU
  - New Hire Onboarding process
  - Million Hearts® Plus Program
  - OSU Retirees Association



# Wellness on Wheels (WOW)

- Two WOW tours have been completed
  - Bus tours with students and faculty from the colleges of nursing, medicine, nutrition, exercise science, public health and pharmacy
  - Conducted large scale Million Hearts® and wellness screening utilizing interprofessional teamwork



# Local Corporate Screenings

- Partnerships with local corporations
- Students conducted Million Hearts screenings on employees





# Statewide Impact

- Ohio Nurses Association
  - Collaboration with the Ohio Nurses Association to offer the educational program for continuing education credit to members for free
  - Focus on nurses participating in screening events
- Ohio's Medicare Quality Improvement Organization



# Nationwide Impact

- NIEPCAMH
- American Heart Association
- Nursing Organizations





# Partnering with OSU Extension to Advance Million Hearts®

- OSU Extension is a division of Ohio State that addresses the needs of the local communities around Ohio and combines the needs of local citizens and communities with new research and technical information
- At-risk individuals are identified during screenings at local community events



# Partnering with OSU Extension to Advance Million Hearts<sup>®</sup>



# Online Million Hearts® Courses

- 3 online courses for the community members who screen positive
  - Blood pressure
  - Cholesterol
  - Stress & Smoking
- Heavily focused on lifestyle modifications



# Outreach & Networking

- *Community Commons* website
- Online community developed by the CDC to connect, collaborate, and highlight the work you are doing to support the Million Hearts ® initiative.
- <http://www.communitycommons.org/groups/million-hearts/>





Questions??





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