

Building a Culture of Geriatric Excellence: One Hospital's Experience



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Objectives

- To understand the *relevance* of providing senior services
- Discuss the journey to excellence through nursing education and geriatric initiatives
- To understand the importance of interprofessional collaboration in providing quality care to older adults

Relevance Defined

- Relationship to the matter at hand, practical and especially social applicability

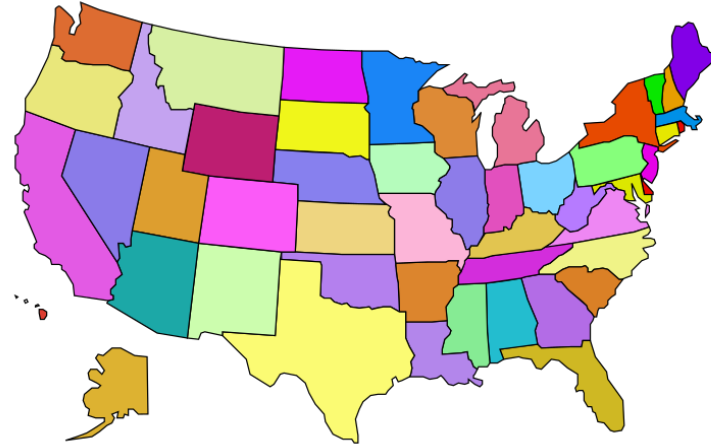


Statistics

- Fastest growing segment of the population
- The highest percentage of increase is the over 85 years age group
- Only 5% of the over 65 are in Long Term Care Facilities (LTAC's)
- 15% live in CCRC's (Continuous Care Retirement Communities)
- Currently 1 in 7 are over the age of 65
- By 2030 1 in 5 will be over the age of 65

Older Adults

- Young-Old 65 - 75
- Middle-Old 76 - 84
- Old-Old 85 - 99
- Elite-Old Centenarians



United States: Top 12 states with 62% of the over 65 population

California

Ohio

Virginia

Florida

Michigan

Arizona

Texas

North Carolina

New York

New Jersey

Pennsylvania

Georgia

Global Aging

- Life Expectancy

- USA 79
- Japan 83
- Australia 82
- Belgium 80
- Canada 81
- Brazil 74
- France 82
- Philippines 69
- United Arab Emirates 77
- Saudi Arabia 76

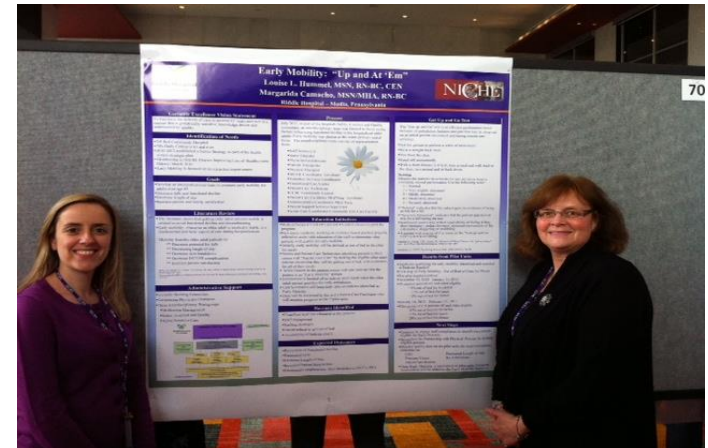
Afghan 61
Angola 52
Nigeria 52
Botswana 47
Haiti 60
Mozambique 50
Sierra Leone 46
Somalia 55
Swaziland 49
Sudan 62



Riddle Hospital's Story

- The Turning Point was in 2009
- 68% of the average daily census over age 65
- 54% of those over 64 were 85 or older

- NICHE
- GNLA
- Gerontological Certification
- Education Initiatives
- Nursing Leadership on Committees and Task Forces



STTI Geriatric Nursing Leadership Academy (GNLA)

- 2010 – 2011
 - QuEST Project
- 2012 - 2013
 - Early Mobility Initiative

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DON'T MISS THE SEPTEMBER 19
JOB FAIR IN BALTIMORE
See inside for details

HOLISTIC NURSING
The key to improving
the patient experience



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NURSES

EARLY RISERS

A nurse at Riddle Hospital, Media, Pa., initiated an early mobility program that helps geriatric patients improve overall health

MARK YOUR
CALENDAR:
October 16 is the
Online Education Fair
See inside for details

NICHE (Nurses Improving Care for Healthsystem Elders)

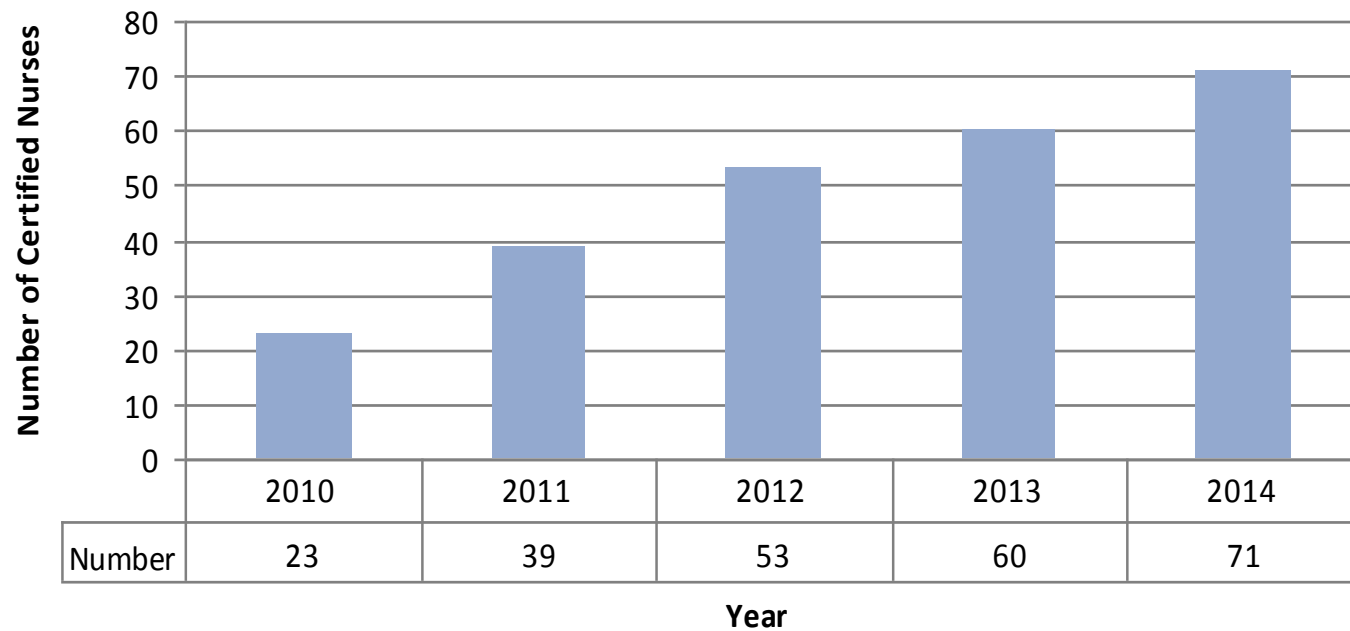


Certified Gerontological Nurses



Certification

Riddle Hospital Gerontological Certified Nurses



Ongoing Initiatives

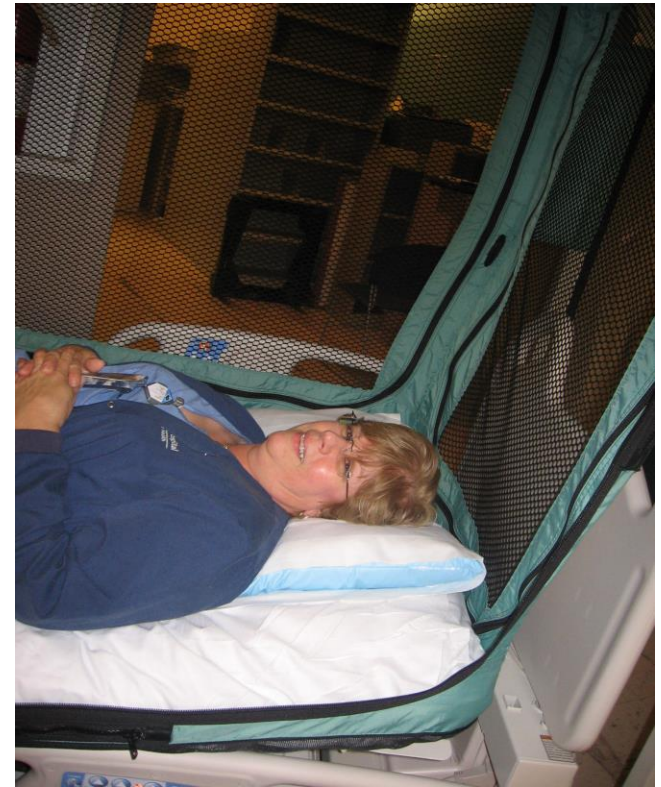
- Geriatric Assessment Tools
- Electronic Health Record (EHR) revisions and additions
- Environment of Care
- Onsite Gerontology review courses
- Geriatric Resource Nurse (GRN) Education
- Geriatric Patient Care Assistant (GPCA) Education
- NICHE membership with System inclusion.

Ongoing Initiatives cont

- Monthly Lunch and Learns or Inservices
- Monthly Webinars
- Securing Funding
- Community involvement through Community Health Services Department
 - Matter of Balance
 - Health Screenings
 - Bring Your Brown Bag Day
 - Senior Suppers
 - Aging Awareness Day Fair



Diabetes and Pain and Palliative Care Education / Equipment Trials



Focused Education: Emergency Department

- Environment
- Equipment
- Providers
- Discharge Planning
- Prevention
- Geriatric Emergency Nursing Education (GENE)



Collaboration: Senior Resource Center



Continuing the Journey

- Monthly meetings with the Geriatric Certified Nurses
- Equipment
- NICHE System
- Environment
 - Signage
 - Lighting
 - Clocks
 - Discharge instructions
 - Follow-up phone calls

Goal: Senior Friendly Hospital



I still get
carded
(when I ask for my senior
citizen discount).




**KEEP
CALM
AND
FOCUS ON
SENIOR CITIZENS**

Questions



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Thank You !!