Sigma's 30th International Nursing Research Congress Best Practices in Global Academic Exchange: Lessons From an Interprofessional Collaborative Relationship With China John Wong, PhD

School of Nursing and Department of Occupational Therapy, MGH Institute of Health Professions, Boston, MA, USA

Inez Tuck, PhD, MBA, MDiv, RN, FAAN

School of Nursing, MGH Institute of Health Professions, Boston, MA, USA **Purpose:**

Global experience provides learners in health care, whether students in health disciplines or professionals in clinical practice, with opportunities to gain cultural humility (Cleaver et al., 2016); be better equipped to communicate effectively and work productively in culturally diverse environments (Busse, Aboneh and Tefera, 2014); and develop disciplinary knowledge in a broad cultural, political, socio-economical and ethical context (Jogerst et al., 2015). However, creating an international academic exchange program may seem daunting. We have initiated a unique collaborative relationship with China that involves both students and health professionals and plan to continue this relationship in the future. This exchange program allows nursing and occupational therapy students from our institution to participate in an independent study project at a private hospital in China and licensed clinicians (starting with nurses only) from that hospital to be engaged in interprofessional education at our institution in the United States. Our purpose is to discuss the best practices used to create a global exchange experience that is mutually benefiting to both partners.

Methods:

By applying relevant content from the literature and from lessons that we learned from our experience, we have identified three best practices that we have implemented. **Results:**

The first is to establish trust (Ezezika, 2015), especially important in China, which means spending sufficient time getting to know each other and setting clear goals before the academic exchange; during this step, agreements that cover resources that are needed and any financial arrangements if needed should be made. The second is to develop a curriculum for each experience that addresses global competencies (Jogerst et al., 2015) and specific learning objectives; during this step, the participants have clear expectations for a mutually beneficial experience for both sides and keen awareness of the potential harms of short-term activities (Lasker et al., 2018). The third is to create an evaluation plan that includes deliverables, debriefing (Bender and Walker, 2013) and reporting by the participants; during this step, participants and their institutions on both sides learn from the experience and address any potential concerns.

Conclusion:

By ensuring clear communication to avoid miscommunication due to cultural differences and mutual benefit and providing a framework that guides decisions for future opportunities, these practices are recommended for all global academic exchanges.

т	iŧ.	12	٠.
	ıı	ľ	7.

Best Practices in Global Academic Exchange: Lessons From an Interprofessional Collaborative Relationship With China

Keywords:

Global exchange, collaboration and interprofessional

References:

Bender, A., & Walker, P. (2013). The obligation of debriefing in global health education. *Medical Teacher*, *35*(3), e1027-e1034.

Busse, H., Aboneh, E.A., & Tefera, G. (2014). Learning from developing countries in strengthening health systems: an evaluation of personal and professional impact among global health volunteers at Addis Ababa University's Tikur Anbessa Specialized Hospital (Ethiopia). *Globalization and Health*, 10(64), 1-7.

Cleaver, S.R., Carvajal, J.K., & Sheppard, P.S. (2016). Cultural humility: a way of thinking to inform practice globally. *Physiotherapy Canada*, *68*(1), 1-2.

Ezezika, O.C. (2015). Building trust: a critical component of global health. *Annals of Global Health*, *81*(5), 589-592.

Jogerst, K., Callender, B., Adams, V., Evert, J., Fields, E., Hall, T., ... Torres, H. (2015). Identifying interprofessional global health competencies for 21st-century health professionals. *Annals of Global Health*, *81*(2), 239-247.

Lasker, J.N., Aldrink, M., Balasubramaniam, R., Caldron, P., Compton, B., Evert, J., ... Siegel, S. (2018). Guidelines for responsible short-term global health activities: developing common principles. *Globalization and Health*, *14*(18), 1-9.

Abstract Summary:

Three best practices for global academic exchange will be presented that are identified from a collaboration that allows nursing and occupational therapy students to participate in an independent study project at a Chinese hospital and licensed clinicians from that hospital to be engaged in interprofessional education at a U.S. institution.

Content Outline:

- 1. Introduction
 - A. Why global academic exchange
 - B. Description of collaborative relationship with China
- 2. Body
 - A. Best practice 1: trust building
 - B. Best practice 2: curriculum development
 - C. Best practice 3: evaluation plan
- 3. Conclusion
 - A. Future plans

First Primary Presenting Author

Primary Presenting Author

John Wong, PhD

MGH Institute of Health Professions

School of Nursing and Department of Occupational Therapy

Assistant Professor Boston MA USA

Author Summary: After receiving his PhD, Dr. John Wong focuses his research on inflammation-mediated diseases, including cancer treatment-related symptoms. Six years ago, he joined the School of Nursing as a faculty member. For the past three years, he was invited to give presentations of his research results at conferences in China and began making connections with health institutions in that country to develop academic and research collaboration opportunities.

Second Secondary Presenting Author
Corresponding Secondary Presenting Author
Inez Tuck, PhD, MBA, MDiv, RN, FAAN
MGH Institute of Health Professions
School of Nursing
Dean and Professor
Boston MA
USA

Author Summary: Dr. Tuck is the Dean of the School of Nursing at MGH Institute of Health Professions in Boston MA, a graduate school in Partners Healthcare. The Institute is recognized as a great college to work for. Their faculty, staff and students live their values, mission and vision in local and global communities. She has a rich background in academic nursing as a faculty member and administrator.