

**Learning Activity:**

<b>LEARNING OBJECTIVES</b>	<b>EXPANDED CONTENT OUTLINE</b>
The learner will be able to describe the significance of depression experienced by adolescents as they transition to college.	Evidence from the literature on transitioning to college. Stressors experienced the first year of college.
The learner will be able to discuss the social processes of living with depression as a freshman at college.	Themes include expression of stress, changes in eating habits, sleep issues, and procrastination/putting things off.