

Expanding the Scope of Research Using Technology

Missi Stec, DNP, APRN, CNM, FACNM, FAAN
SUNY Downstate College of Nursing

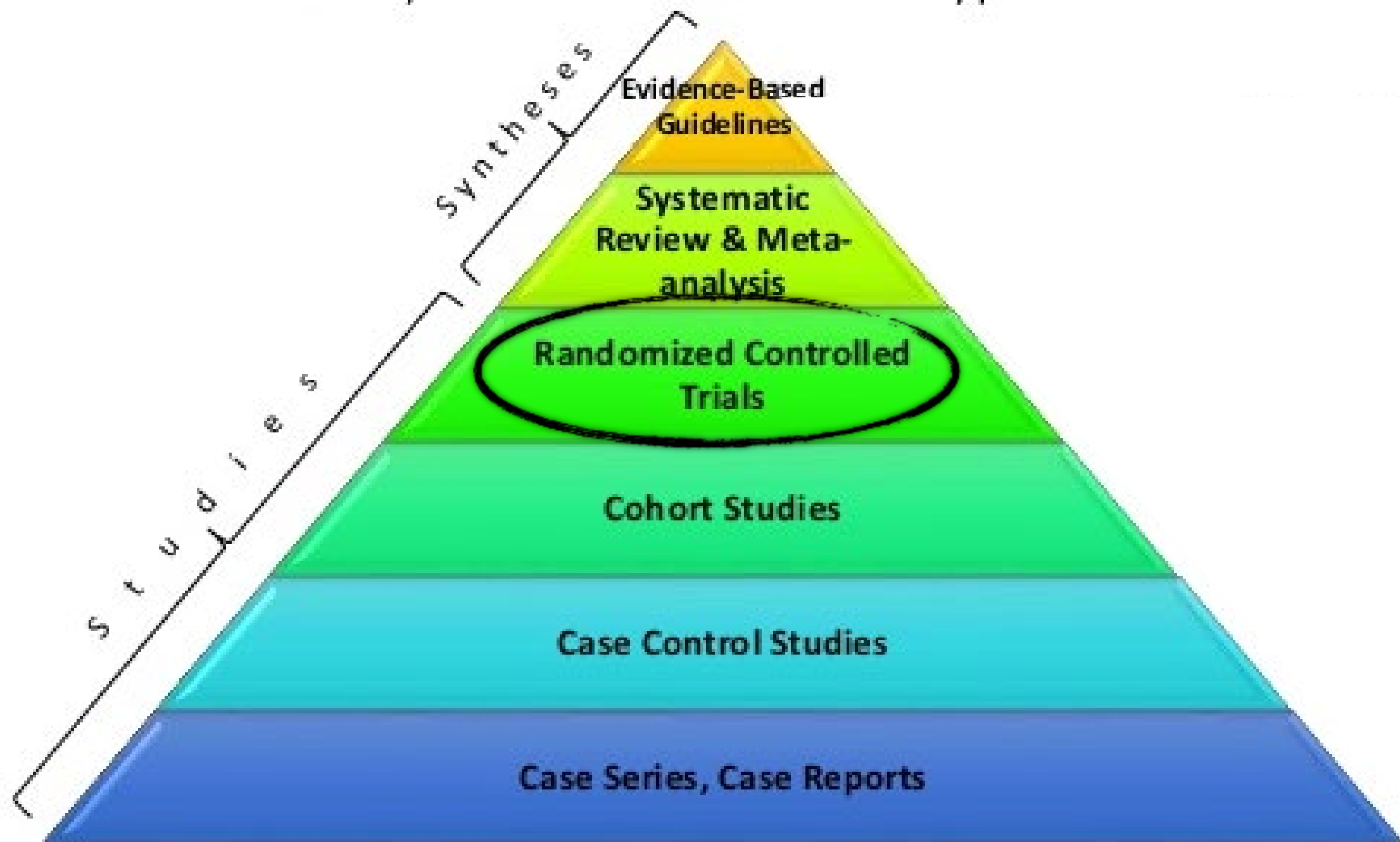


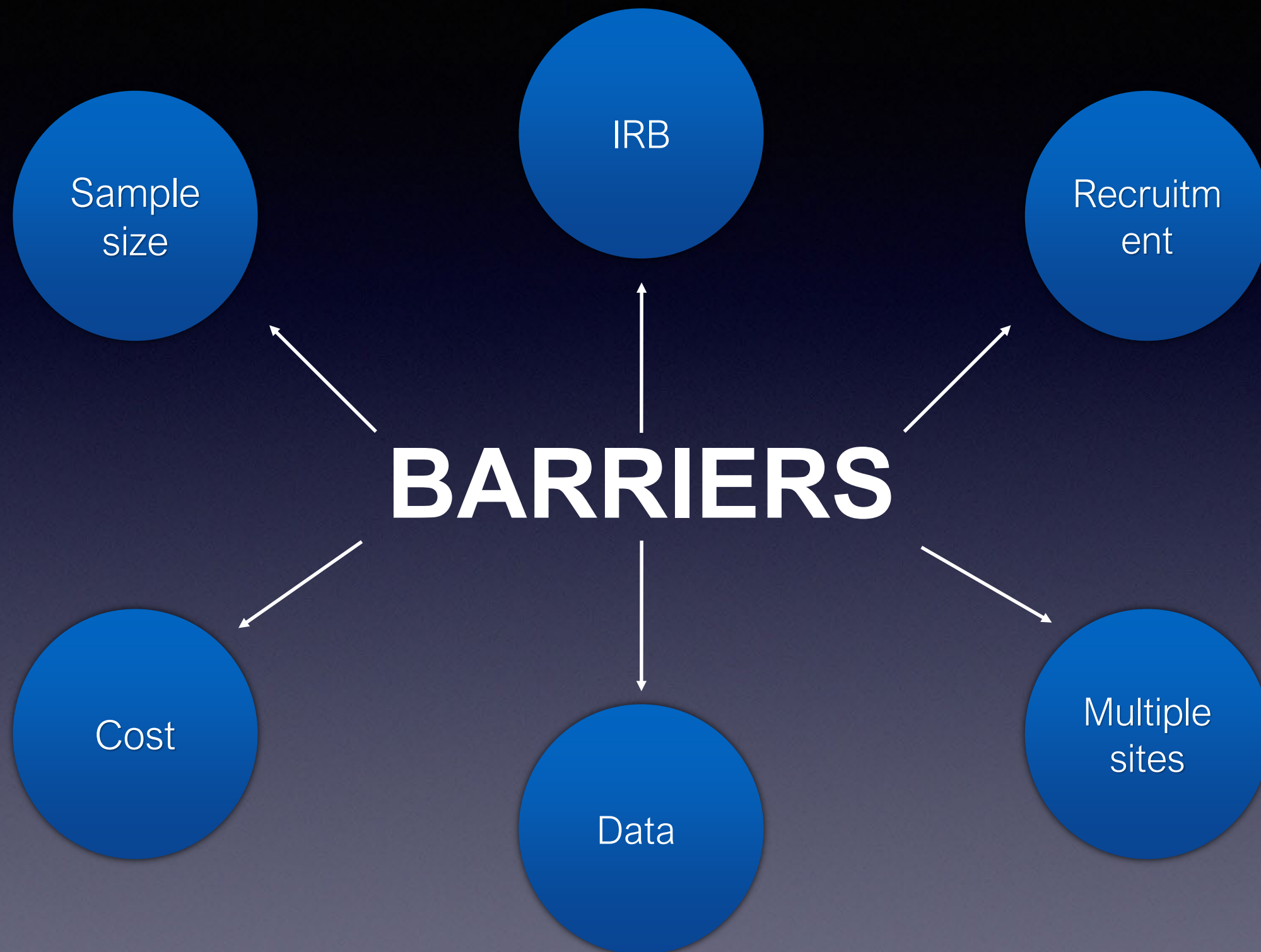
Distinguished Educator

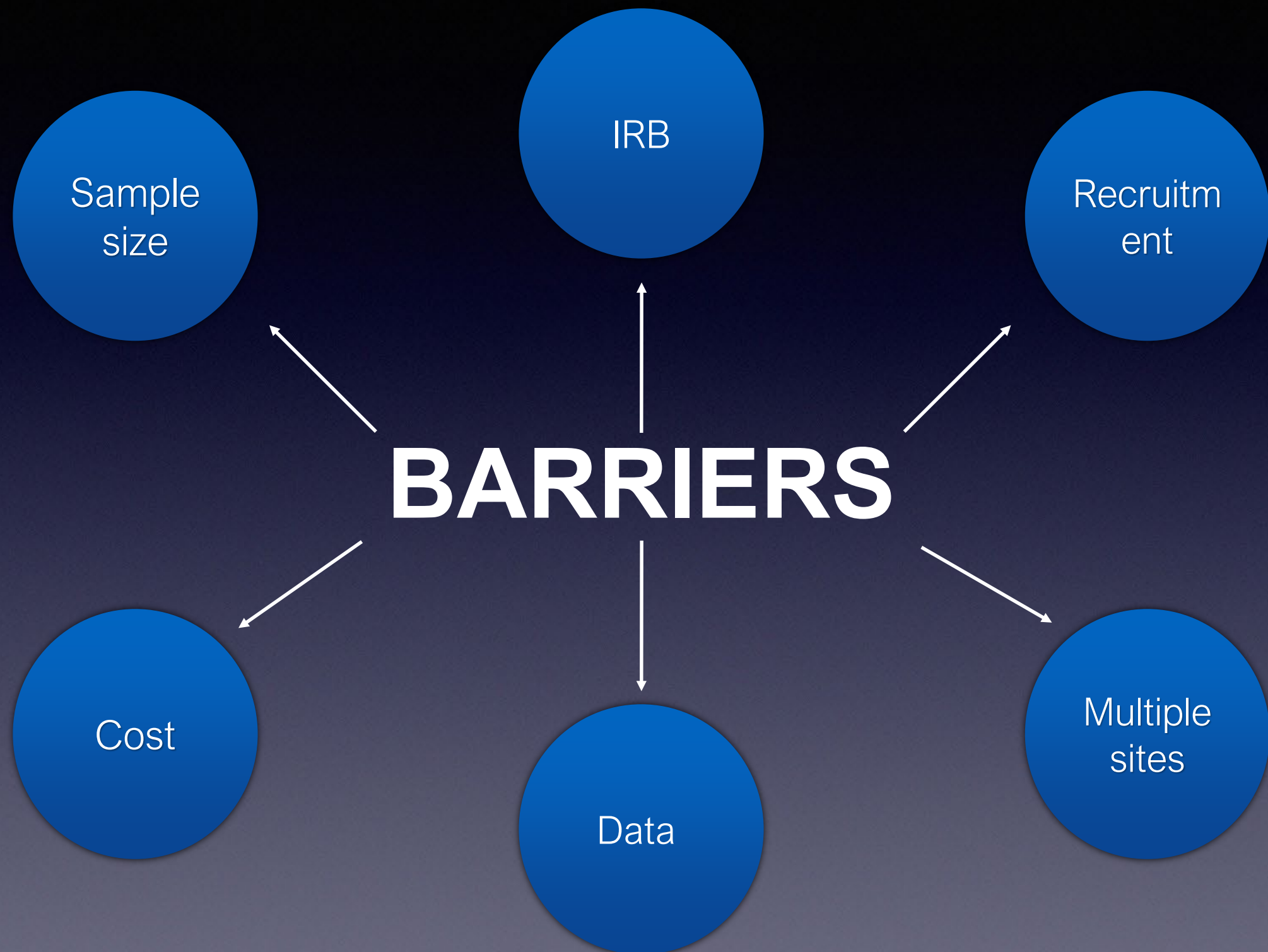


Objectives

- Conceptualize ways to improve research using technology
- Evaluate apps that can be used in research implementation









ResearchDroid
Android



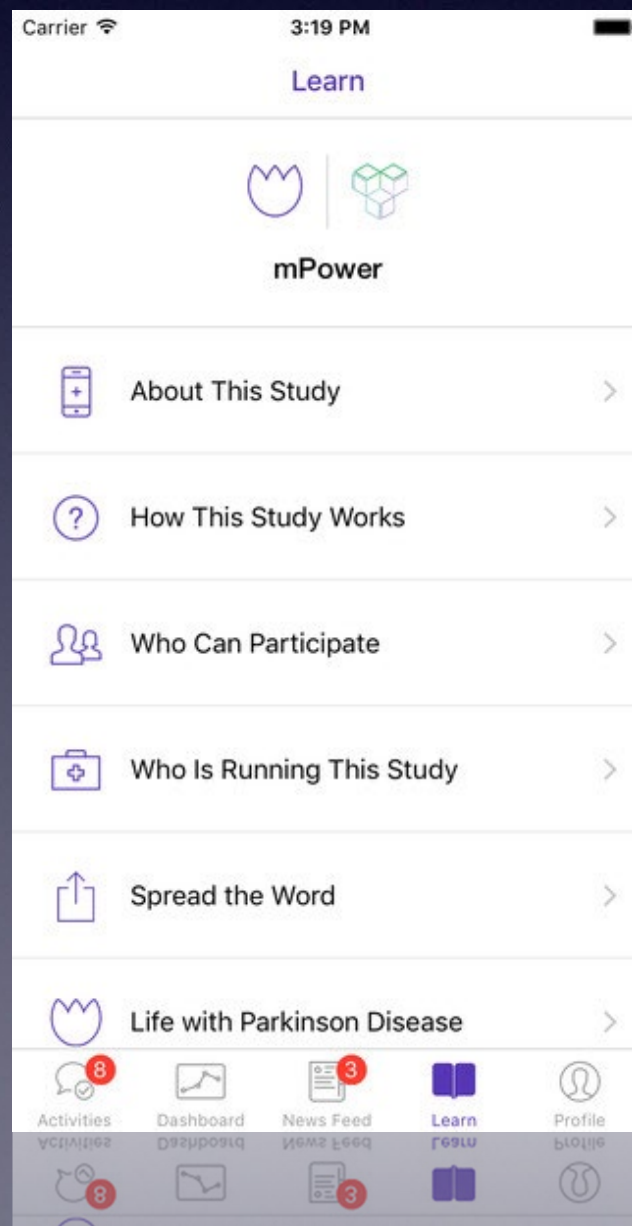
Research Kit
iOS



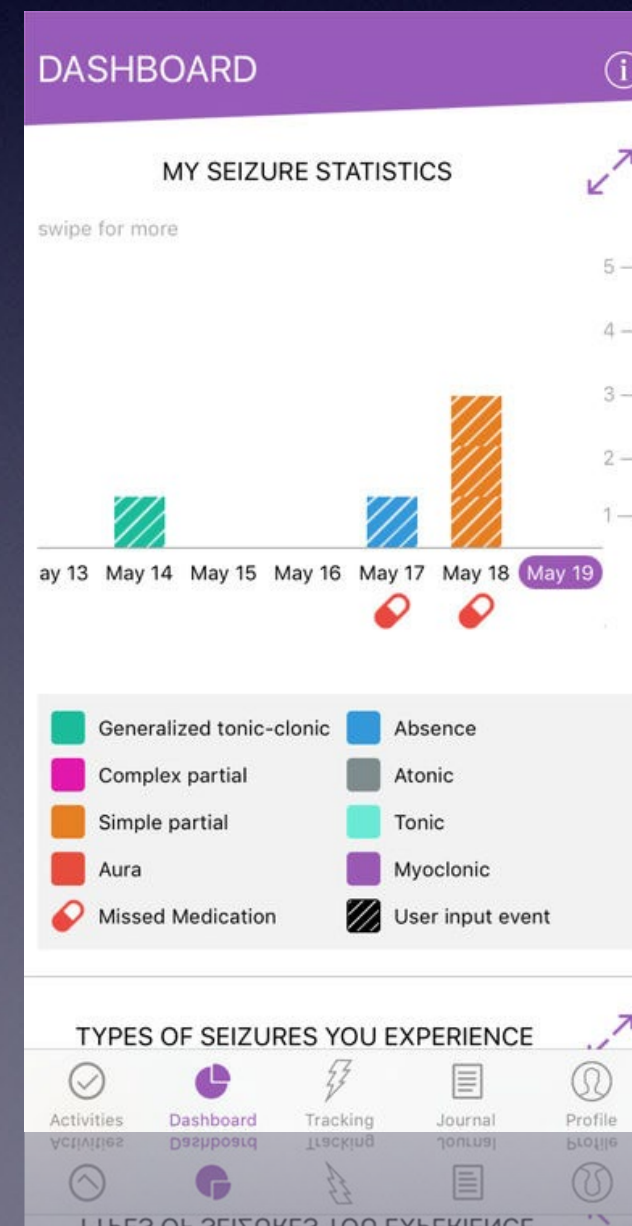
ResearchStack
Android



mPower
Parkinson's Disease



Epi Watch
Seizure Monitoring

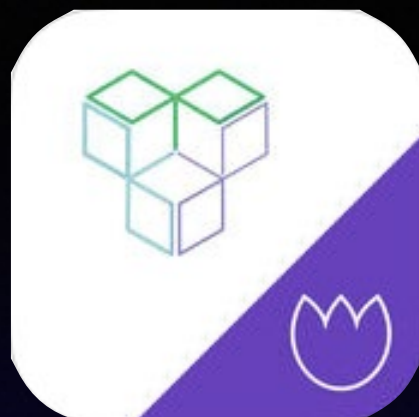




3185 reported taking a medication

6989 reported having a disease

48,968 users provided consent



898 contributed data for 5 days

9500 chose to share data

48,000 app downloads



2,317 users filled out multiple surveys

7,593 people completed consent

50,000 app downloads



177 reported seizure triggers

598 participated

1484 seizures tracked



Multiple
Sclerosis



Gait &
Emotion



America
Walks



Fever



Team Study
Football Player
Health



Sleep
Health



Postpartum
Depression



Peripheral
Arterial
Disease

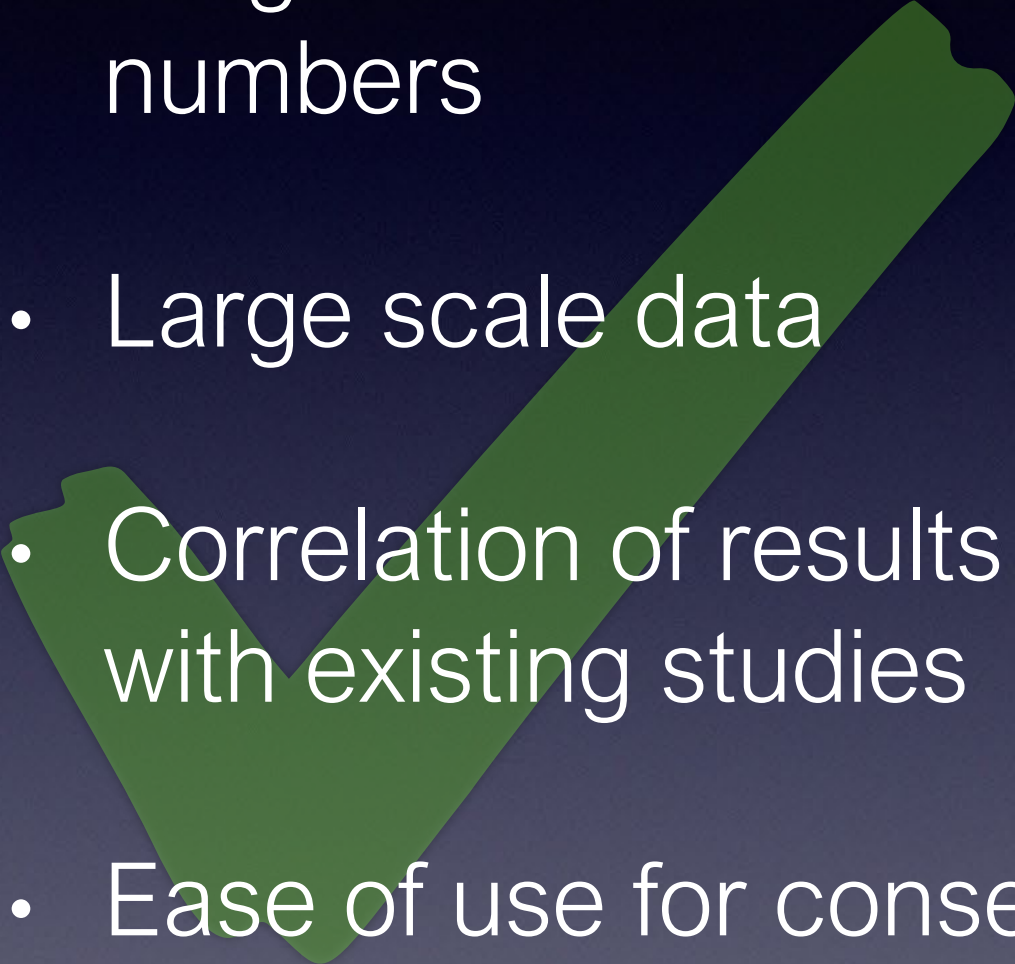


Cognitive
Function

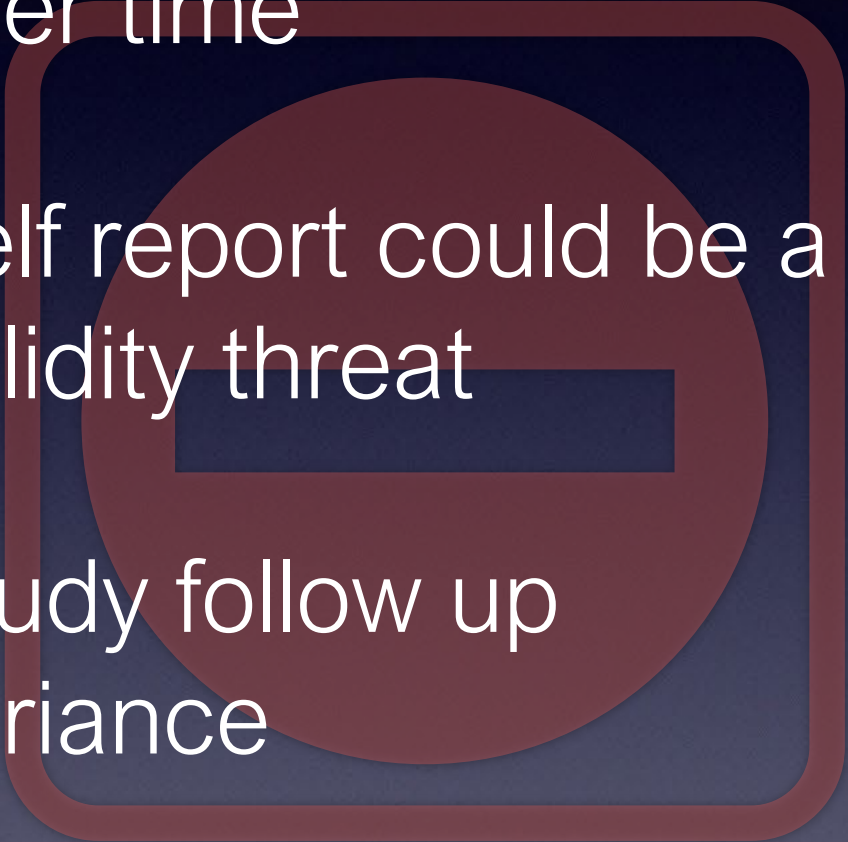


6th Vital Sign

SUCCESSSES

- Large enrollment numbers
 - Large scale data
 - Correlation of results with existing studies
 - Ease of use for consent and data gathering
- 

CHALLENGES

- Drop off in engagement over time
 - Self report could be a validity threat
 - Study follow up variance
 - Physical activity measurement inaccuracies
- 

Potential options

- Communication with participants
- Interaction via social media sites
- Utilization of learning platforms
- Access to study resources

Surveys



Survey
Monkey



RedCap



Google
forms



Survey
Gizmo

Digital Content



Multitouch
Books



iTunesU
Or
LMS



iMovie



Podcast

Face to Face Interventions



Web based interventions

EXERCISE & DIET

TEEN DATING VIOLENCE

SMOKING

RISKY SEXUAL BEHAVIOR

SUBSTANCE ABUSE

PERSONAL SAFETY

Teen Dating Violence

Let's get started! Click [Day 1](#) to begin.

Ideally you will visit one day's message daily, but feel free to work ahead or visit other topics once you complete your daily message.

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7	DAY 8
DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15	DAY 16
DAY 17	DAY 18	DAY 19	DAY 20	DAY 21	DAY 22	DAY 23	DAY 24

[« BACK](#)

EXERCISE & DIET

TEEN DATING VIOLENCE


SMOKING

RISKY SEXUAL BEHAVIOR

SUBSTANCE ABUSE

PERSONAL SAFETY

Teen Dating Violence: Day 3



Dating violence can be physical, emotional, or sexual abuse between two people in a dating relationship.

[CLICK TO LEARN MORE](#)

[« BACK](#)

Questions

melissa.stec@downstate.edu

References

- All apps available through the Google Play, Android and Apple App Store
- Boston Children's second ResearchKit study aims to better understand fever retrieved January 3rd, 2017 from <http://www.mobihealthnews.com/content/boston-childrens-second-researchkit-study-aims-better-understand-fever>.
- Bot, B. et al (2016). The mPower study, Parkinson's disease mobile data collected using ResearchKit. Scientific Data, 3. doi: 10.1038/sdata.2016.11. Available at <https://www.nature.com/articles/sdata201611.pdf>
- Johns Hopkins researchers to use Apple Watch data to study epilepsy. Retrieved January 3rd, 2017 from <https://hub.jhu.edu/2015/10/15/apple-watch-epiwatch/>.
- Harvard Researchers Using an App to Track Ex-NFL Players' Overall Health. Retrieved January 3rd, 2017 from <https://www.americaninno.com/boston/harvard-research-on-football-player-health-study-teamstudy-app/>
- Wallace, S., Clark, M., & White, J. (2012). 'It's on my iPhone': Attitudes to the use of mobile computing devices in medical education, a mixed-methods study. BMJ, 2(4), e001099. doi:10.1136/bmjopen-2012-001099.
- Wong, W. (2012). Tools of the trade: How mobile devices are changing the face of higher education. Community College Journal, 82(5), 54-61
- <http://blog.appliedinformaticsinc.com/wp-content/uploads/2017/02/ResearchKit-AppS-Studies-Launched.jpg>
- <http://blog.appliedinformaticsinc.com/build-a-working-mobile-research-study-app-in-5-minutes-using-no-code-app-development-platforms/>